

Common Sense in ALLERGY & ASTHMA



Spring is in the Air and Pollen is Everywhere!

Spring is here and our world is in bloom again. Beautiful trees are flowering and spring bulbs are popping up everywhere. These beauties are a joy to look at but can be a nightmare to hay fever sufferers.

If you have runny nose, sneezing, and itchy eyes, you may be showing symptoms of hay fever. Hay fever or rhinitis affects more than 50 million people in this country.

Seasonal allergic rhinitis is caused when we breathe in allergens that are identified as intruders by our bodies. That triggers a release of histamine and leukotrienes which cause typical hay fever symptoms.

An allergist is best qualified to determine if your symptoms are seasonal allergic rhinitis.

Allergy & Asthma of South Jersey CUSTOMIZES allergy testing, serum and treatment.

Dr. Coifman is the only South Jersey allergist chosen to teach in each of the continuing medical education programs of the two national allergy scientific societies. He has served on national meeting faculty for six separate programs on allergy management, as well as programs on other topics in his specialty.

Robert E. Coifman, M.D.
**Board Certified Adult &
Pediatric Allergist**



ALLERGY & ASTHMA
OF SOUTH JERSEY

Millville 856.825.4100

Galloway 609.652.1009

Web Site: www.aasj.com

E-mail: aasj@aasj.com

*Individually customized allergy testing,
serum, and treatment plans*